

Good Old Days ecoflorist

the Alternative....

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Winter Spirit 2019 Alternative Design Workshops

This is the first of my new classes geared toward nature craft & design and....flowers of course. Appropriate to start early in the year as it is a time for renewal, rethinking, and setting up your life for the new year—all while being held captive indoors. Cabin fever. I don't settle for that so I bring the connection we lose in the winter months inside with Nature so these classes are meant to bring nature to you. Come revitalize your spirit with the freshness and creative spirit of the outdoors and its benefits whether mindful, aromatic, sensual or just learned. Choose Hands-on or Symposium style which is watch & listen. **Creative children are welcome 10yrs and up ☺

**Hands-on\$=HO Symposium \$=SY

TABLETOP TREE REBOUND Tuesday January 15 6:00p.m. HO \$70. SY \$15 What to do with that little artificial, miniature tree you displayed for the holidays? How about giving it a makeover for year round to a Williamsburg favorite of the dried flower tree. Using only white glue and wire, we will completely transform your little tree into a garden of dried flowers, twigs, vine, and butterfly or nest or two. **Any freestanding (or in a pot) artificial, evergreen tree 12-18" tall no matter how old or worn will be made over. No worries if you do not have one-I can provide you one \$10. Extra.

AUTHENTIC DREAM CATCHER Saturday January 19 2:00 HO \$60. SY \$20. An authentic American Indian tradition, from the Ojibway (Chippewa) tribe who tied sinew strands in a web around a small round or tear-shaped frame like their snowshoes; hanging as a charm to protect sleeping children from nightmares. You will find many how-tos on line however there is a traditional way and with particular items-which all have a special meaning. Learn the correct way and why. *if you have any saved feathers bring them.

HOME FRAGRANCE SMUGE BUNDLE STICK Wednesday January 23 6:00p.m. HO \$40. SY \$10 What better way to clear the indoor air of winter as by now it's time to be around flowers. Recapturing the art of saving a mixture of fresh flower & plant material to provide a scent for your happiness and spirit. Using various materials from herbs to evergreens, we will make a bundled, smudge wand sure to keep your spirits raised until Spring. The bundle stick may be burned when dry if you choose. **Children welcome 10yrs and up

PERSONAL MEDICINE BAG Saturday January 26 2:00 \$40. SY 10. Native Americans live by the wisdom of the medicine wheel; traveling around its circle of life where all things are connected to the many relations of Earth. The days we are born gives you gifts (totems) that will teach and shape your character and your life. A small medicine pouch holds these totem; one each from the animal, mineral, and plant kingdoms and kept near you always. This class will reveal yours, and how to prepare, (or another's as a gift) fill, and decorate your own bag to cherish. You will also leave with a detailed sheet of your own meanings & characteristics. ** You may make more than one @ 30. Each. If also making another as a treasured gift for friend or loved one, you must know also their birth day and month.

ROSEMARY WREATH Wednesday February 6 HO \$70. SY \$15. Being so close to the day of hearts; what workshop at this time could be without a class of one. A delicate 12"+ heart made completely of fragrant, fresh rosemary. In the Language of Flowers it signifies remembrance...what else would we use. You can hang it and love it or hang it and cook with it; either way it's a delight to have or give.

BEDSIDE TUSSIE MUSSIE Tuesday February 19 HO \$50. SY \$10. To carry away the ills and odors of the day before; small nosegays of flowers & herbs were kept close to keep away the offending airs. As is written circa 1440 "*a tyte tust or tusemose of flowers and herbys in moss*" Using assorted herbs, eucalyptus, cedar, and the daintiest flowers tightly designed into a sweet smelling bouquet to send you off to pleasant dreams. All night aromatherapy-super.

EUCALYPTUS GARLAND SPRAY Thursday February 21 HO \$90. SY \$20. Eucalyptus is one of the mainstays of winter indoors. The scent will clear the air as it does your breathing. Using a layering technique on branches, we will create a large, 30+" spray to arbor above your headboard, window, wall or drape in the bath for an aromatic steam. Nothing compares as the scent lasts for years once dry. This will be a verry aromatic and sticky class so make sure to bring latex or garden gloves but so worth it.

HERB MOBILE Thursday February 27 HO \$40. SY \$20. A trio of mini wreath/orbs suspended on twiggy branches to hang wherever it is needed whether for scent, or look, or both. Using herbs including rosemary, bayleaf, lemon, and more; they dry sweetly and can also be used for cooking if you choose to.... dare I say- pluck them.

- **Class Size**-Each workshop is limited to 5 students per class so everyone has my personal attention. 😊 along with 3 symposium style students.
- **Cost**-Each class is noted with a choice of symposium=watch & listen-or hands-on. Classes may be paid in full or a \$25.00 deposit will hold your place in the design room; with the balance in full at your class beginning.
- **Supplies**-All your supplies, flowers, ties, wire, and hard goods are included except your tools. You must bring a sharp knife (paring type), scissors, and clippers. Inexpensive, floral knives will be available for sale if you would like to purchase one, and call ahead if you would like to purchase clippers and I will have them for you.
- **Private**-For the serious or shy; private, one-on-one classes are available for \$150.00 each.
- **Length**-Classes run app. 1 1/2-3 hrs depending on the class and your skill or speed.
- **Extra**-If you have items you would like to add to your design-please feel free!
- **Parking**-You may park anywhere around the store or across the street at the fire house lot.
- **Cancelation**-All classes are eligible for a full refund 2 weeks prior to class date -13 days or less you will be given a credit toward our next workshop session OR you may pick up flowers & supplies that were purchased for you. Your payment reserves your space in the design room, as others must be turned away when the workshop limit is reached.
- **Please note:** Unfortunately, due to winter weather or that we never know what will be ordered on any given day: there may arise a situation where I have to cancel my class day and I must reschedule. I will do everything I can to avoid this but If this occurs, you will be notified the morning of and I will hold the class on the next available day.